

CERTIFICATE OF PARTICIPATION

This is to certify that

Selby Nkwana

Has successfully participated & completed the
5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 00:25:50

PACE 05:09/km
OVERALL 1 of 97

GENDER 1 of 31
OPEN 1 of 15

23 June 2019, Sun

Date



BoutTime

Signature

